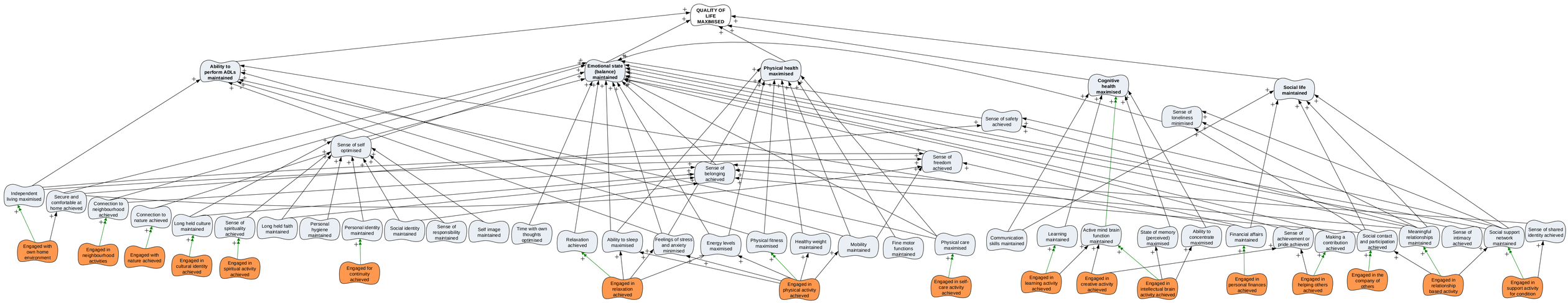
QUALITY OF LIFE MAXIMISED
Ability to perform ADLs maintained
Emotional state (balance) maintained
Physical health maximised
Cognitive health maximised
Social life maintained
Sense of safety achieved
Sense of loneliness minimised
Sense of self optimised
Sense of freedom achieved
Sense of belonging achieved
Independent living maximised
Secure and comforable at home achieved
Connection to neighbourhood achieved
Connection to nature achieved
Long held culture maintained
Sense of spirituality achieved
Long held faith maintained
Personal hygiene maintained
Personal identity maintained
Social identity maintained
Sense of responsibility maintained
Self image maintained
Time with own thoughts optimised
Relaxation achieved
Ability to sleep maximised
Feelings of stress and anxiety minimised
Energy levels maximised
Physical fitness maximised
Healthy weight maintained
Mobility maintained
Fine motor functions maintained
Physical care maximised
Communication skills maintained
Learning maintained
Active mind brain function maintained
State of memory (perceived) maximised
Ability to concentrate maximised
Financial affairs maintained
Sense of achievement or pride achieved
Making a contribution achieved
Social contact and participation achieved
Meaningful relationships maintained
Sense of intimacy achieved
Social support network maintained
Sense of shared identity achieved
Engaged with own home environment
Engaged in neighbourhood activities
Engaged with nature achieved
Engaged in cultural identity achieved
Engaged in spiritual activity achieved
Engaged for continuity achieved
Engaged in relaxation achieved
Engaged in physical activity achieved
Engaged in self-care activity achieved
Engaged in learning activity achieved
Engaged in creative activity achieved
Engaged in intellectual brain activity achieved
Engaged in personal finances achieved
Engaged in helping others achieved
Engaged in the company of others
Engaged in relationship based activity
Engaged in support activity for condition